

Diamond Approach Seminars

QUASAR Series

Hameed Ali (A.H. Almaas) and Karen Johnson
present QUASAR Seminar VI
DIVINE BUNDLE

10th – 15th of May, 2011 in Amsterdam, Netherlands

From the timelessness of our spiritual nature we are born into this world as bundles of joy and life. As we mature into adulthood we find ourselves divided within and living in disharmony, where life lacks energy, excitement and luster. Our minds, hearts, bodies and spirits become separated, disconnected and hence limited in both experience and functioning. Instead of light we find ignorance, instead of love we find discord, and instead of intelligence we find dysfunction. We want to explore our potential of being whole, balanced and complete human beings. We will inquire into our present limited condition to open it up to the divine bundle it can be, where our mind, heart, body and soul are all one and indivisible dynamic presence. We will focus on the liberation and harmony of these four dimensions of our being, where enlightenment is not simply an experience but the congruence of life with spiritual truth.

Through teaching, transmission, spiritual practices, personal and interpersonal exercises and inquiries we will explore how we can be divine bundles of joy, life and light. Through inquiry into our personal experiences, relationships and lives we will see how we are expressions of divinity, and can live as divine personifications of the luminous truth that is the deepest nature of everything. Living as divine bundles restores excitement, energy and freedom to our human existence, where all dimensions of our being are bundled together in the love and luminosity of our spiritual nature.

We are offering the sixth one of a series of public seminars, primarily for individuals who wish to have a direct and experiential taste of the Diamond Approach® work. The seminar will be nonresidential and will consist generally of two meetings a day. It will be held in English language without translation. These seminars present the teaching from a specific and new perspective and even though there might be a relationship of one to another, each one stands on its own.

The Diamond Approach, as taught in the DHAT Institute, is a contemporary, original, spiritual understanding and path, expressing timeless wisdom on self-realization using the insights of our time. Modern psychological understanding and spiritual wisdom are integrated to provide deeper and more effective means of realizing, developing, and living our full potential. At each stage of the spiritual journey, we encounter beliefs, identifications and resistances, which can inhibit our development. The Diamond Approach invites us to see these as both – veils and keys to our full human potential. The teaching provides a deep synthetic understanding of, and effective means of dealing with, these issues and obstacles in a way that opens up the consciousness to timeless spiritual realities.

The seminars will be led by Hameed Ali and Karen Johnson, who together discovered and developed the path of inner realization known as the Diamond Approach or Diamond Heart® that is now taught in the Ridhwan® School.

Note: Quasars are very intense energy sources in some giant galaxies, powered by huge black holes. They are the very bright centers of those distant galaxies, where some sort of energetic action is occurring due to the presence of a super massive black hole at the center of that galaxy.

For information about Diamond Approach: www.ridhwan.org

Book information: www.ahalmaas.com – with the possibility to download this flyer –

The Quasar seminars are a program of the DHAT Institute, the nonprofit educational arm of the Ridhwan School. They do not function as an alternative to ongoing work in the Ridhwan School, but as an additional opportunity for a limited engagement with the Diamond Approach. These seminars are open to the general public as well as for all existing group members in the Ridhwan School in Europe and other countries. These seminars are not replacements for current students' retreats. They will not include small groups or private sessions. People new to the Diamond Approach will have priority in case of limited space. The seminars will be held in major metropolitan areas or cities.

Hameed Ali

Karen Johnson



